



THE UNIVERSITY OF LETHBRIDGE
STUDENTS' UNION

Office of the VICE-PRESIDENT ACADEMIC

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Monthly Report - November, 2018

Contribution Hours: 174

Note: This report will serve the purpose of both being used for ULSU accountability, as well as, a monthly report for the Co-Operative Education Program. It may contain more information and insight on each item than is regularly needed of an Executive monthly report to complete the reflection requirement for the Co-Operative Education program.

Contents

-  Reports
 - Mental Health Week
 - Tabling
 - Calm Cafes
 - Art Therapy Night
 - Bring Your Own Blanket
 - Great Big Luncheon
 - Overview
-  Meeting and Committee Attendance
-  Contribution Hours
-  Summary



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Reports

Mental Health Week

Tabling

Thank you to all the General Assembly Members and Executives who helped me table during Mental Health Week in the PE Atrium!

At the table we had the Who Can Relate Board. This board allowed students who experience a mental disorder in their life, whether they or a loved one are diagnosed with it, to write an encouraging message. All 10 of the different categories listed had at least 2 messages each. This board was one of my favourite parts of Mental Health Week. When I was diagnosed with Schizophrenia, it was helpful for me to see others with the disorder doing well. I hope that someone else read a note from the board and was encouraged, while also realizing they are not alone and there are others like them on campus.

Calm Cafes

These were hosted Tuesday-Thursday in the ULSU Ballrooms. Shout out to the Student Success Center for providing us with hot drinks, colouring, and some gorgeous table decorations. Thank you also to the Public Health Students' Association, Let's Get Mental, and Quarter Heart Clubs for running activities for students throughout calm cafes.

Additional shout out to Let's Get Mental for also hosting a Scavenger Hunt on Wednesday evening.

Bring Your Own Blanket

This event did not go as well as I hoped it would have. Very few students attended this event. Hopefully next semester more will come out to the Movie Night!

The major critique I got for this and other events was that they started too late in the evening – so most students had already left for the day. I've noted this for next semester's Mental Health Week and thoroughly agreed with this statement.

Great Big Luncheon

This event went perfectly. Enough students came that we had to set up more tables! As the first Academic Speaker Event open to all students this semester (Shaun Boothe was for those who volunteered at Fresh Fest) it went exactly as I hoped it would.

Additionally, I believe Sean McCann's story was perfectly matched with Mental Health Week. I would highly suggest this speaker to others.



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STUDENTS' UNION

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Meeting and Committee Attendance

DATE	NAME	TYPE	HRS
1	Event Application (Confidential)	Event	1
1	Kyra Gillert (Student Engagement Officer)	Meeting	1
2	Student (Confidential)	Student	3
4	Admission Steering Committee - Electronic Vote	Committee	1
5	Student Fee Review Committee	Committee	1
5	General Faculties Council	Committee	5
5	Executive Council Meeting	Meeting	1
5	Insurance Representative Dinner	Event	2
5	Health and Dental Year End Report	Meeting	1.5
5	Student (Confidential)	Student	1
6	Student (Confidential)	Student	3
7	ArtSci - Curriculum Committee	Committee	2
8	ArtSci - Council	Committee	1.25
9	Student (Confidential)	Student	1
13	Student (Confidential)	Student	2
13	Student (Confidential)	Student	1
18	ArtSci Executive - Online Vote	Committee	1
19	Mental Health Week - Set Up	Event	1
19	Mental Health Week - Tabling	Event	2
19	GFC - Curriculum Coordinating Committee	Committee	3
19	Legislative Review Committee	Committee	1
20	Mental Health Week - Tabling	Event	2
20	GFC - Curriculum Coordinating Committee	Event	3
20	Mental Health Week - Art Therapy Night	Event	3
21	Mental Health Week - Tabling	Event	2
21	Executive Council Meeting	Meeting	1
21	General Assembly Meeting	Meeting	2
22	Mental Health Week - Tabling	Event	2
22	Student (Confidential)	Student	2
22	Mental Health Week - B.Y.OB(lanquet)	Event	5
23	Academic Speaker Series	Event	4
24	Teaching Center Advisory - Teaching Development Fund	Committee	5
25	Teaching Center Advisory - Teaching Development Fund	Committee	5
26	Waitlist Working Group	Committee	1
26	Annual Academic Timetabling Work Group	Committee	1
27	Senate Honorary Degrees	Committee	1.5



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27	Student (Confidential)	Student	2
28	Student (Confidential)	Student	1
28	Executive Council Meeting	Meeting	1
29	HQP Working Group	Committee	3
29	Student (Confidential)	Student	3
TOTAL			85.25



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Contribution Hours

DATE	IN	OUT	BRK	TOTAL	COMPLETED ITEMS
1	9:15AM	4:15PM	0.5	6.5	Academic Quality Assurance Meeting
2	-	-	-	-	Vacation (4/10)
TOTAL				6.5	
5	10:00AM	8:30PM	1.5	9	General Faculties Council
6	11:00AM	11:45PM	3	9.75	Grade Appeal Case (Multiple Students)
7	9:00AM	11:00PM	3	11	New Faculty Creation Minute Reading
8	10:30AM	3:00PM	0	4.5	ArtSci Council
9	10:00AM	3:00PM	0	4	Meeting with Student
TOTAL				38.25	
12	1:45PM	5:00PM	0	3.25	Mental Health Week Planning
13	1:15PM	7:00PM	0	5.75	Mental Health Week Planning
14	10:45AM	10:00PM	1	10.25	Mental Health Week Planning
15	11:00AM	10:00PM	1	10	Mental Health Week Planning
16	11:00AM	10:00PM	2	9	Mental Health Week Planning
17	3:15PM	8:45PM	0	5.5	Mental Health Week Planning
TOTAL				43.75	
18	11:30AM	8:30PM	1	8	Mental Health Week Planning
19	8:30AM	8:00PM	1	10.5	Curriculum Coordinating Committee
20	8:00AM	9:00PM	0	11	Curriculum Coordinating Committee
21	9:00AM	8:15PM	1	10.25	General Assembly Meeting
22	9:00AM	10:00PM	0	10	Bring Your Own Blanket
23	9:00AM	4:45PM	0	7.75	Great Big Luncheon
24	10:00AM	2:30PM	0	4.5	Teaching Center Advisory Application Meeting
TOTAL				62	
26	12:30PM	4:30PM	0	4	<i>Sick Time (See Note)</i>
27	9:45AM	2:15PM	0	4.5	<i>Sick Time (See Note)</i>
28	8:30AM	1:30PM	0	5	<i>Sick Time (See Note)</i>
29	9:00AM	5:00PM	1	7	<i>Sick Time (See Note)</i>
30	10:00AM	1:00PM	0	3	<i>Sick Time (See Note)</i>
TOTAL				23.5	
MONTH				174	

*I had a sick note for the week of November 26th. However, I still had a few tasks to complete while at home which is there are some hours logged during this week. I used my 5 sick days in the summer, therefore, I received a doctor's note for this time and last time I was sick to show that I needed the additional days.



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Summary

Even though there were a few ups and downs with it – Mental Health Week was exactly how I envisioned it. Thank you to all the volunteers who came out to make this event great!

Thank you for taking the time to read my report. Please contact me at su.academic@uleth.ca or at 403-329-2770 if you have any questions or concerns.

Sincerely,

Imogen Pohl
Vice-President Academic
University of Lethbridge Students' Union